

Retreat and Teambuilding by Edlyn Ortega-Burgonio

I think the ERDA Retreat and Teambuilding have been perfectly scheduled. We, the ERDA staff, would have the Retreat first. Then, we would have the Teambuilding.

I missed a few of the retreats because of unavoidable family activities. There were also retreats that I could still remember.

I liked the retreat by Fr Munching de Guzman, SJ. It was the first "almost" silent retreat for the ERDA staff. The pacing of the retreat was light.

Fr Munching would gather us, inspire us and let us go to reflect and rest. He knew that we needed to recharge in God's loving presence before we can digest His message.

He seemed like a "jologs" – approachable and reachable - Jesuit. He would even make us cry by sharing the videos that he found in the internet.

I also liked the recent retreat by Fr Vic Rayco, SVD. We would see him pause when he was trying to arrange his thoughts. He looked so "imperfect."

The retreat was filled with laughter because he liked to crack jokes. But he shared with us nuggets of wisdom, too.

Say "sorry," "thank you," and "I love you" because dying anytime is possible. These may sound cliché but they are good reminders.

And what I like about the ERDA staff is that we continue to attend our Retreat. Perhaps, we know, consciously or unconsciously, that there are still aspects in ourselves that need refining or trimming for us to continue to grow.

Refreshed by our Retreat, we proceed to team-building. Possibly, some people ask why we continue to hold teambuilding when ERDA is nearly 45 years.



But I think it is brilliant for ERDA to regularly check its team to keep the organization motivated and strong.

There were times that the Teambuilding activities were physically challenging but the Administrative – Human Resource Office strived to make us happy.

Good food, nice (not expensive) venue and great facilitators make us happier, too.



Retreat. Teambuilding. Perfect.



